

## Key life events

- For each time period list important life events, accomplishments, illnesses, transitions, stressors, etc.

Birth – 2	
Age 3-5	
Age 6-12	
Age 13-18	
Age 19-25	
Age 26-35	
Age 36-50	
Age 51-65	

## Family History

Name	Age <sup>1</sup>	Occupation <sup>2</sup>	List all major illnesses, including psychiatric, neurologic, alcohol or drug abuse, suicide and suicide attempts
Mother			
Father			
Brothers			
Sisters			
Your children			
Grandparents, uncles, aunts			

<sup>1</sup> Or if deceased, age of death. <sup>2</sup> Or if deceased, cause of death.

